ORIENTATION TO FRONT RANGE RECREATION

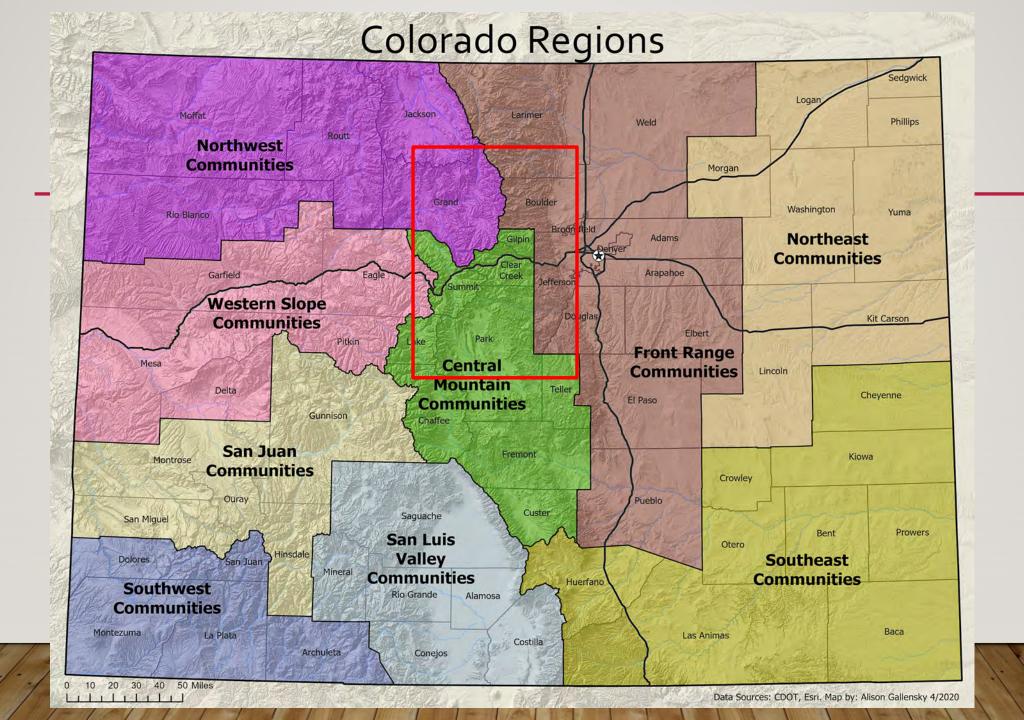
DENVER GROUP DAY HIKES

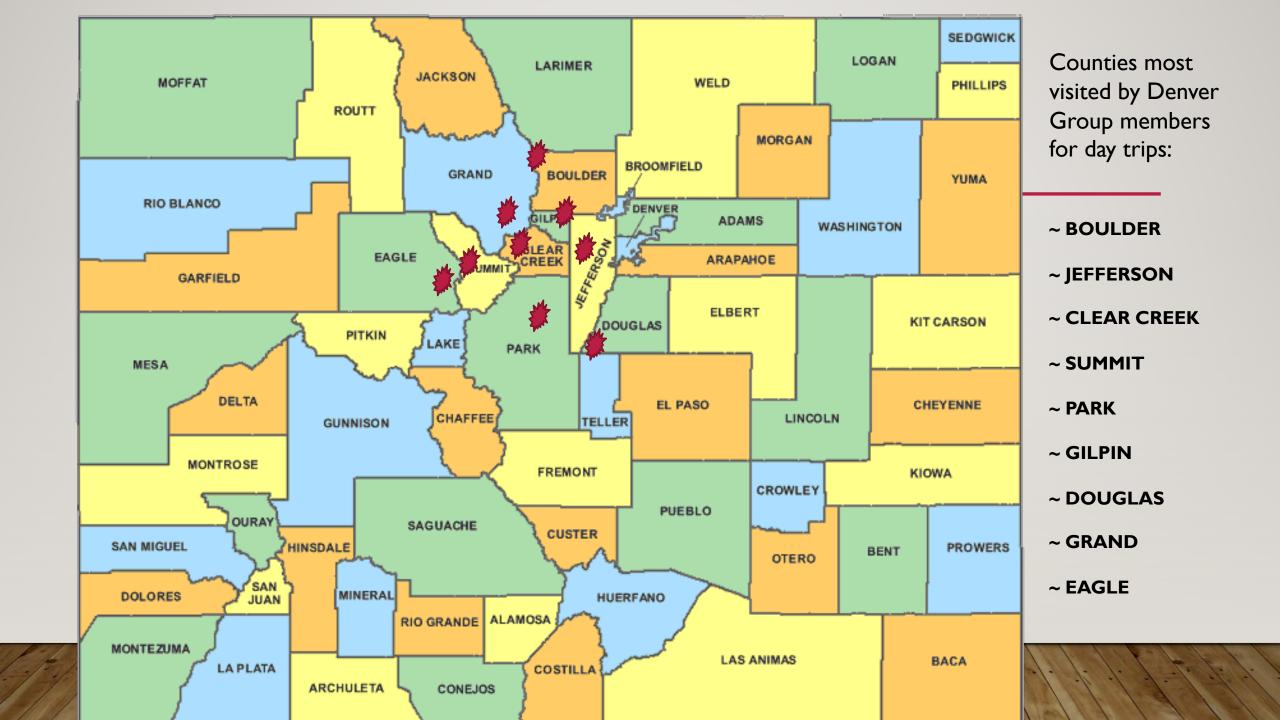
PRESENTED BY ROBBIE AND DURRIE MONSMA

WEBINAR OBJECTIVES

- This is a geographical orientation to Denver Group's typical Day Trip areas in the Front Range
- Counties, towns, most used roadways into the mountains
- Identify the big trails that pass through or near the Front Range we can access
- National, State, and County Parks
- US Forests and USFS Ranger Districts
- Typical CMC carpool meeting places
- Where to get orientation info quickly
- NOT everything you need to know Take Wilderness Trekking School or Day Hiker School
- NO NEED to take notes. This will be on CMC's YouTube channel in a couple of days
- > This is follow-up to the recent QSS Nav "Intro to the Front Range" Webinar, by Gary LeCain.
- Some of these Maps prepared by fellow CMC'er Alison Gallensky

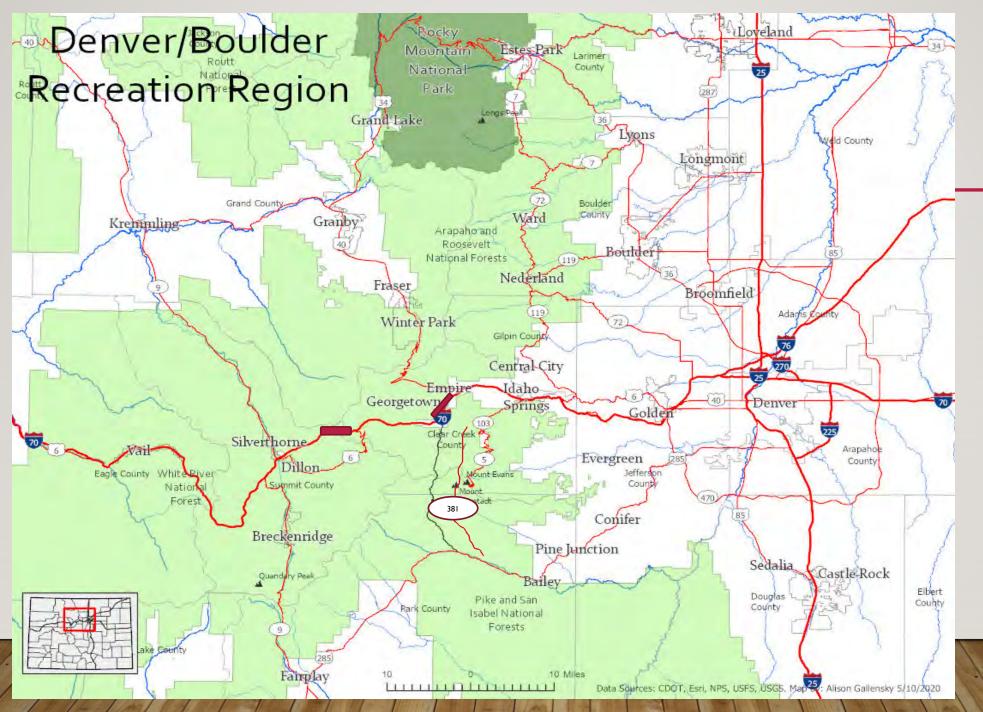
GEOGRAPHIC ORIENTATION



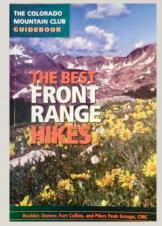


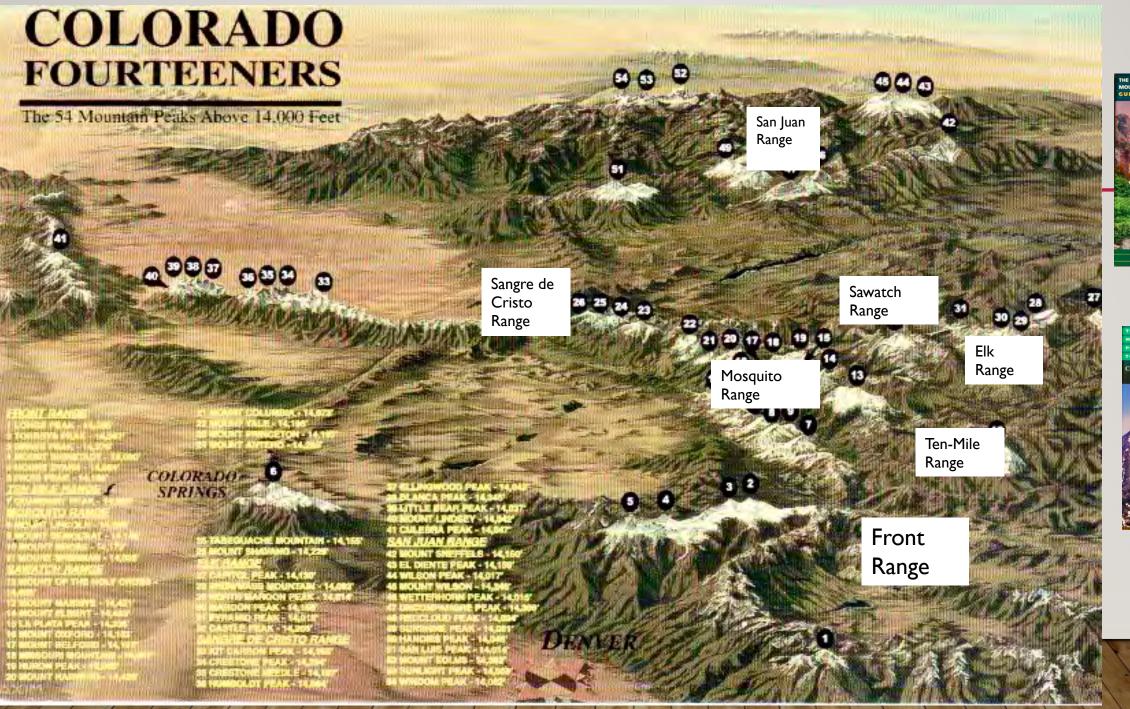
South Plotte R Roan Plateau Mt. Evans SOUTH Grand Mesa Sen mison Re Pike's Peak Arkansas River La Carita Range Cristo Mountains

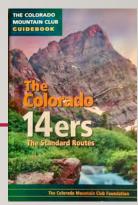
MAJOR MOUNTAIN RANGES AND RIVERS

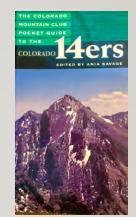


Typical entry routes into the mountains from Denver

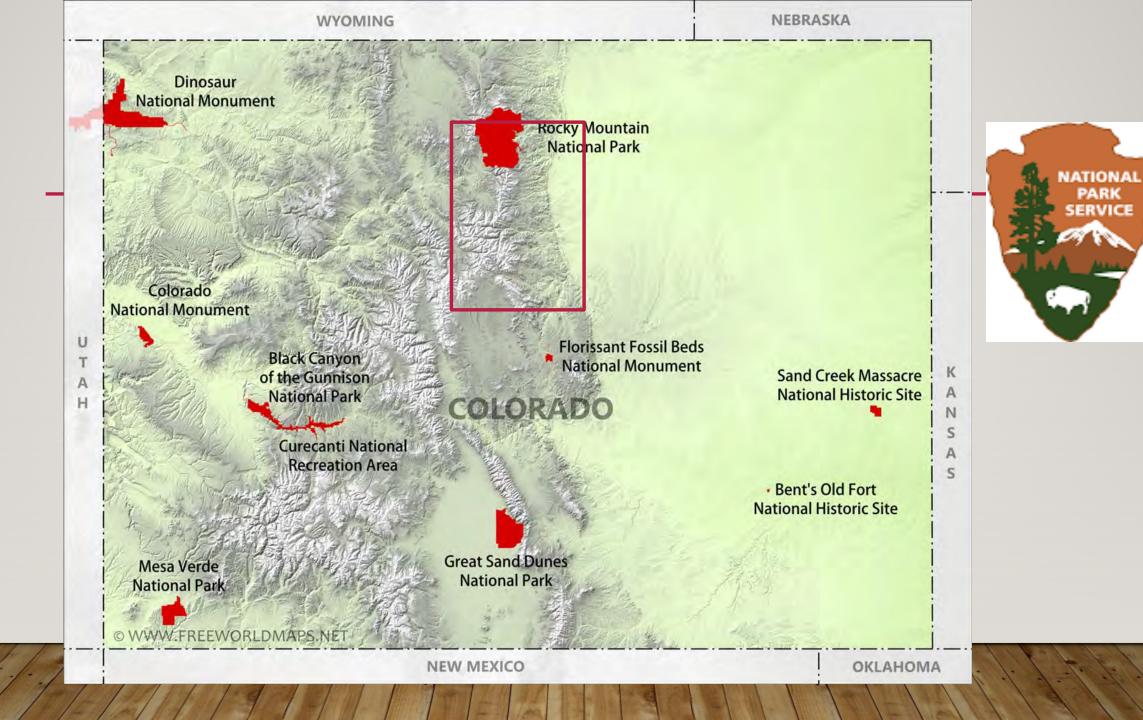




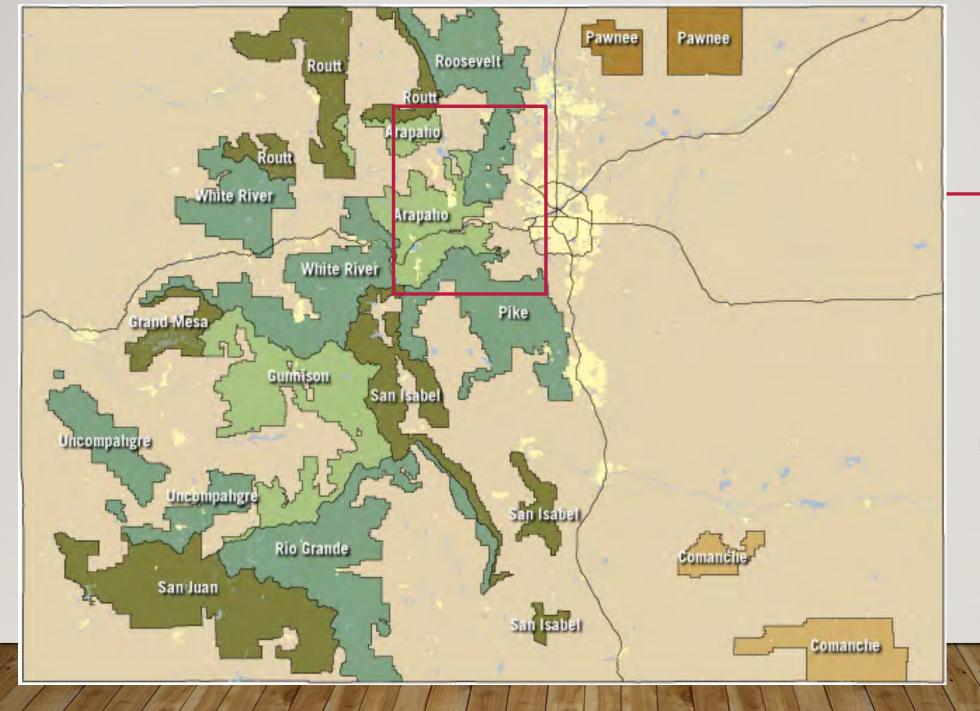




"Who's in Charge of It?" Info

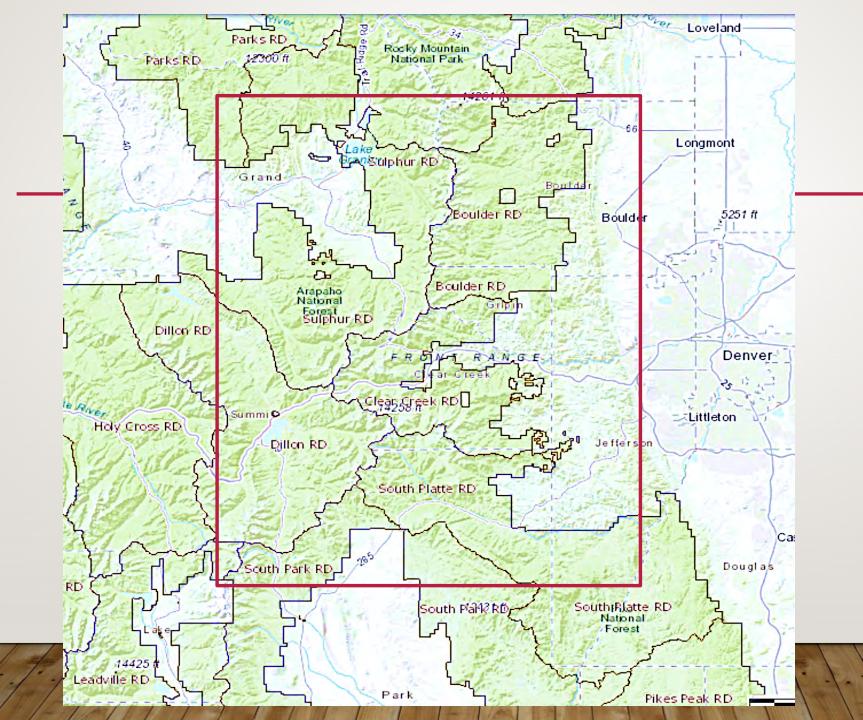


PARK SERVICE





Some National Parks,
Wilderness Areas,
Monuments, and
National Forests are
available within a short
driving distance of the
Denver area. A fee or a
national park pass are
required to enter
National Parks and
Monuments,
Forests

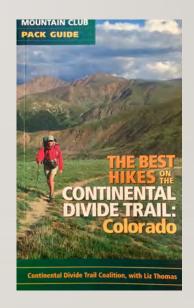


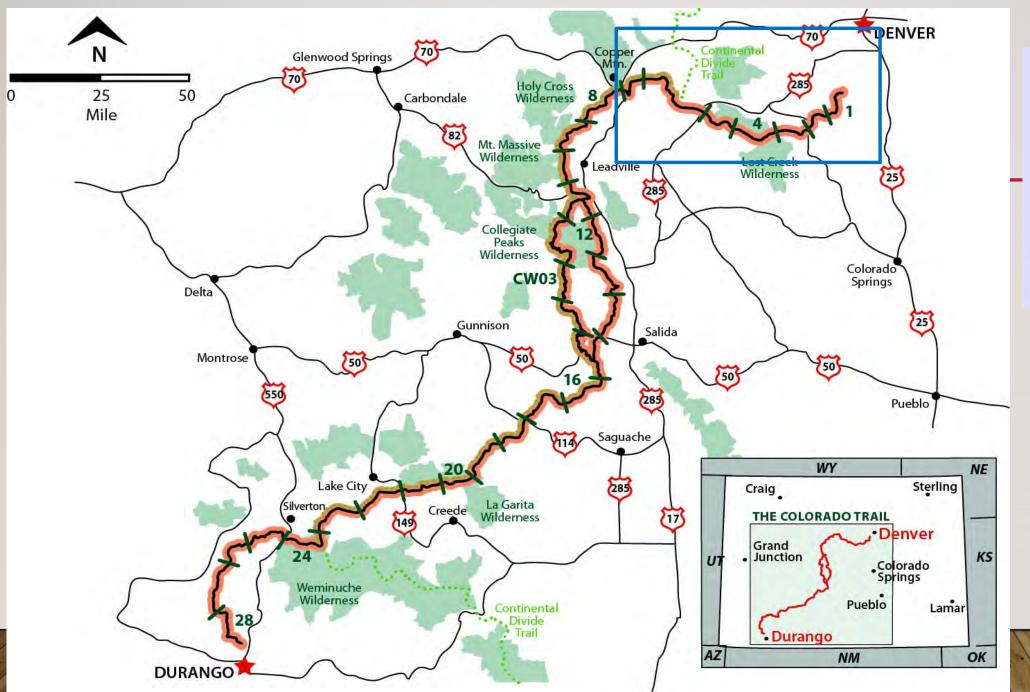


Ranger Districts

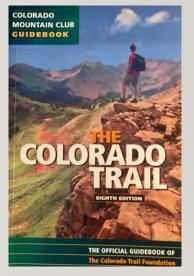


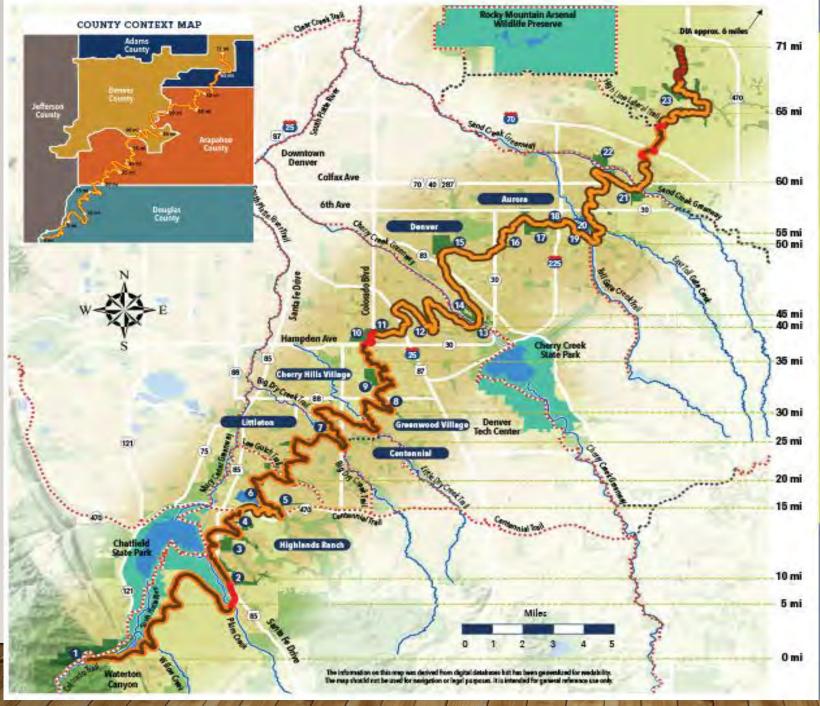












High Line Canal

High Line Canal Soft Surface
High Line Canal Hard Surface
Proposed High Line Canal
High Line Canal Trail Gap
Connecting Regional Trail

**** Proposed Regional Trail

State Park/Refuge

Adjacent Parks & Landmarks

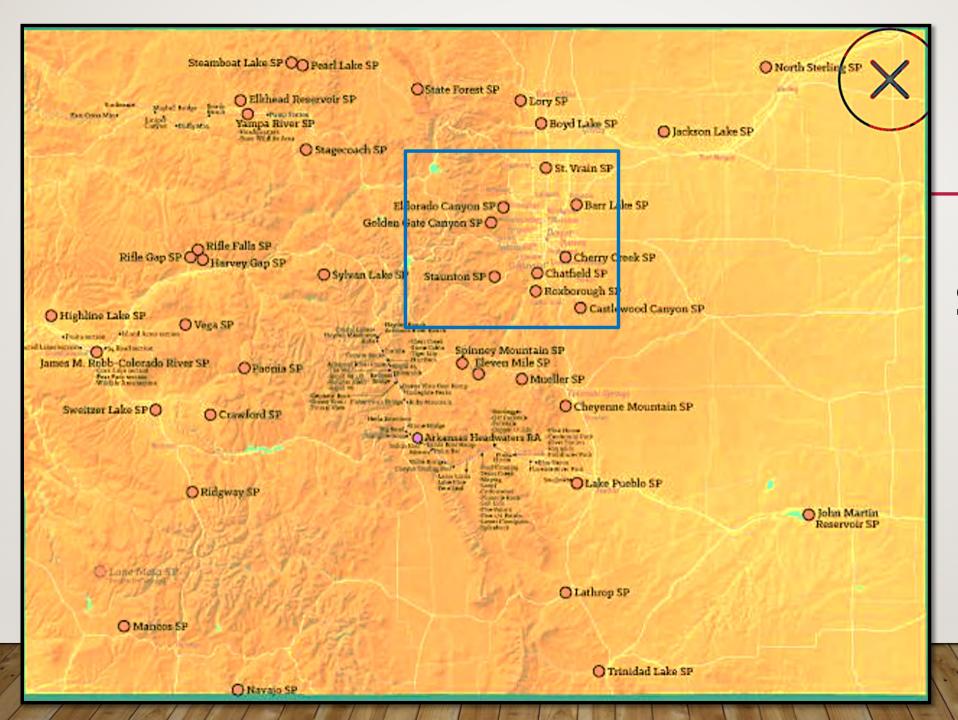
- Kessler Center
- Redstone Park
- Highlands Ranch Golf Club
- Fly'n B Fark
- Mission Viejo Open Space
- Writters Vista Park
- deKoevend Park
- Marjorie Perry Nature Preserve
- Kent Denver School
- Wellshire Municipal Golf Course
- Eisenhower Fark
- Bible Park
- Cherry Creek Country Club
- Hentzell Fark
- Fairmount Comotory
- III Expo Park
- Aurora Hills Golf Course
- RTD: 2nd & Abilene Station
- M Aurora City Park
- Delaney Community Farm
- Springh II Park
- Star K Ranch Open Space
- Green Valley Ranch Golf Club



HIGH LINE CANAL



highlinecanal.org

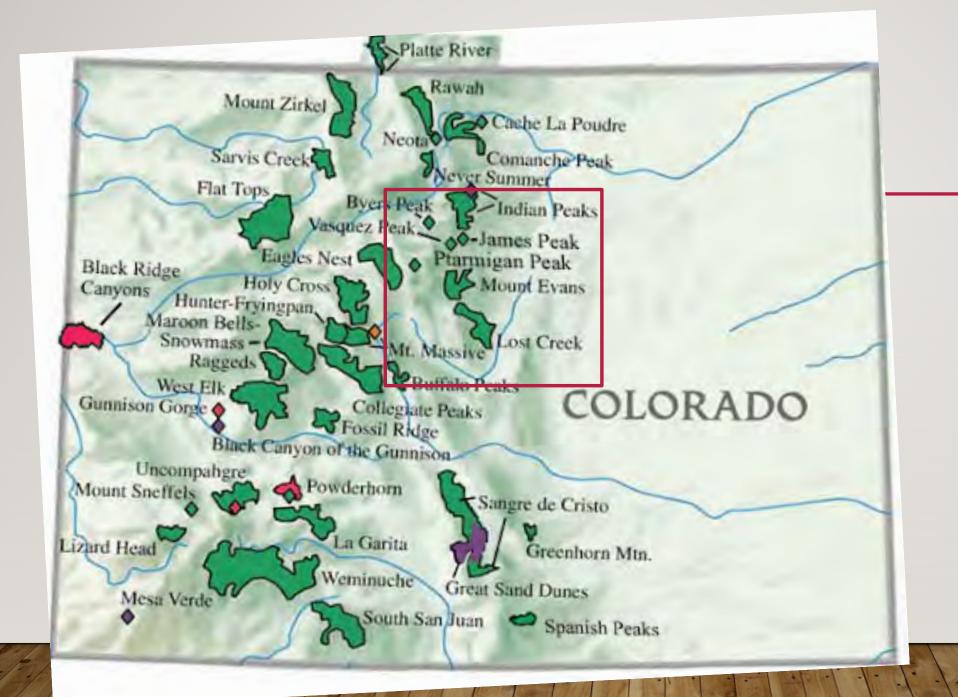




Colorado State Parks

Colorado has 41 State
Parks, many only a short
distance from Denver
including Golden Gate
Canyon, Staunton,
Roxborough, Eldorado
Canyon, Castlewood
Canyon, etc. Park passes
or entrance fees are
required to enter.

http://cpw.state.co.us

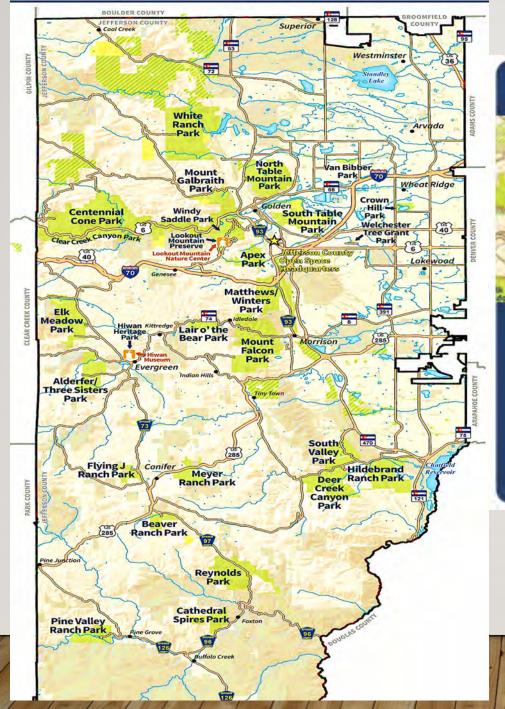




More than 350 Wildlife Management Areas

Hunting or Fishing License Now Required.

Habitat Stamp required for non-Seniors



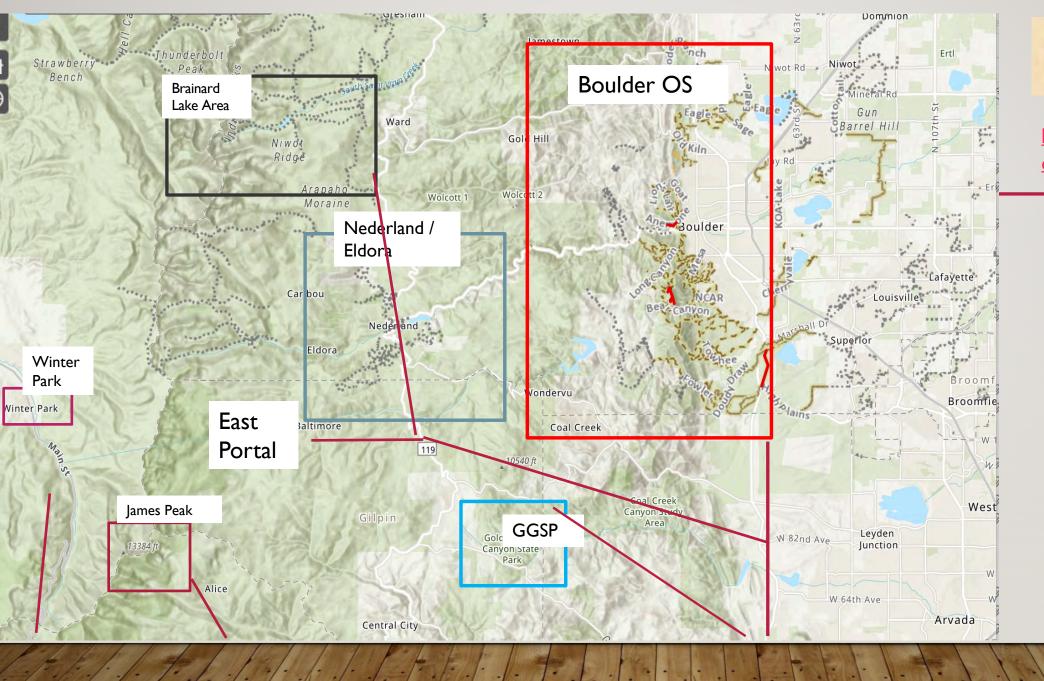




More Information: jeffco.us/open-space 303.271.5925 Map Sources: jeffco.us/open-space/system-map

http://jeffco.us/openspace/parks/

For all counties: Sign up for their newsletters to find out about closures for muddy conditions, raptor nesting, elk calving, odd/even days, paving, etc.

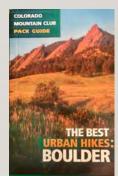


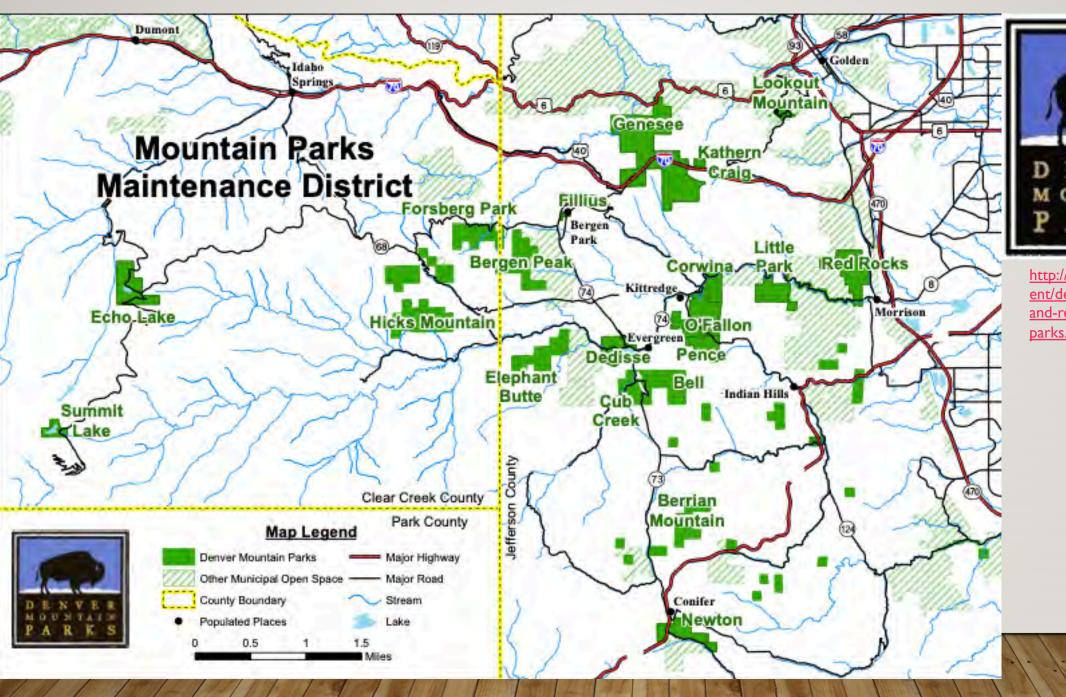


https://bouldercolorado.g ov/osmp











http://www.denvergov.org/cont ent/denvergov/en/denver-parksand-recreation/parks/mountainparks.html

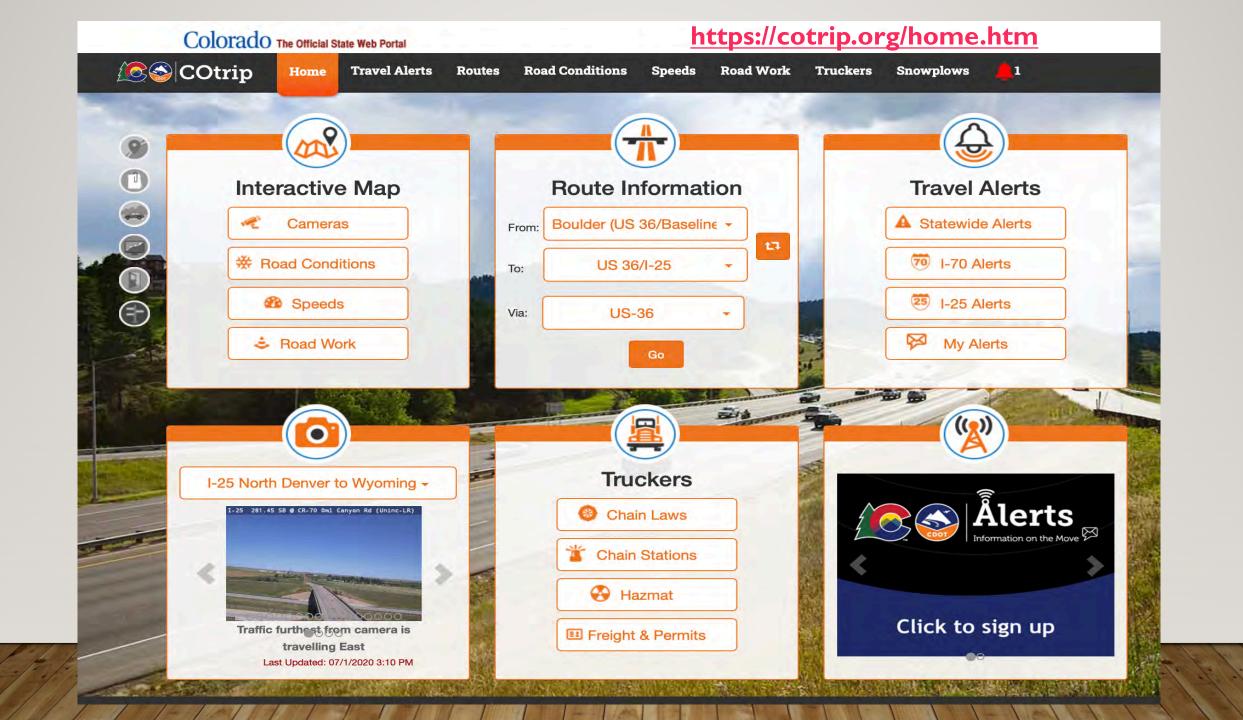
WHERE TO GET TRIP PLANNING INFO

FIND HIKING TRAIL WEBSITES

The following websites contain information on hiking trails, directions to the trailhead, mileage, elevation gain, and other trail conditions. Some require an annual fee to access the complete set of functions, including downloadable gpx tracks. All have phone apps that will sync with your account.

Many of them are demonstrated and explained at CMC's You Tube Channel.

- www.alltrails.com
- <u>trails.colorado.gov</u> ("CoTrex")
- https://www.gaiagps.com
- https://caltopo.com/about
- www.14ers.com
- www.protrails.com
- www.summitpost.org



SELECTED NATIONAL FORESTS AND RMNP SITES

- U.S. Forest Service: https://www.fs.fed.us/recreation/map/state_list.shtml
- Indian Peaks Wilderness Area: https://www.fs.usda.gov/recarea/arp/recarea/?recid=80803
- Arapaho and Roosevelt National Forests: http://www.fs.usda.gov/activity/arp/recreation/hiking
- Lost Creek Wilderness: http://www.fs.usda.gov/recarea/psicc/recarea/?recid=37208
- White River National Forest: https://www.fs.usda.gov/activity/whiteriver/recreation/hiking
- Pike and San Isabel National Forests: https://www.fs.usda.gov/activity/psicc/recreation/hiking
- Rocky Mountain National Park: http://rockymountainhikingtrails.com/

Carpool Meeting Places

https://www.cmcdenver.org/?s=locations or just check Google Maps

The Fort and Cabela's are south. Not there yet but easy to find.

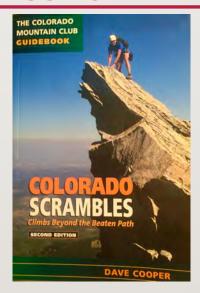


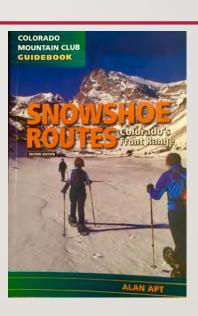
Member Resources Page https://www.cmcdenver.org/groupresources

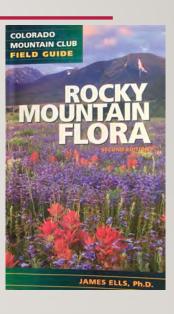
- Doggy Hikes
- Acronyms
- Hiking "Pace/Speed" explanation
- Trail Etiquette
- Clothing Tips
- Improve Hiking Performance
- Personal Hiker/Skier Classification
- CMC Organizational Structure
- Much More

CMC Press: https://cmcpress.org

Members get 20% off book purchases







Hunter Help Line for Hikers: (303) 291-7526, hunteroutreach@state.co.us WEAR ORANGE!

ORIC: Check out the ORIC center at REI http://www.oriconline.org

Maps, guidebooks, camping info, lots of free stuff, plus staffed by knowledgeable volunteers.

EMERGENCY RESOURCES – WHERE TO FIND THEM?

• Always call 911 but here are some emergency hospitals in our Front Range Counties – Just so you know where they are.

		1
Estes Park Medical Center	Estes Park	(970) 586-2317
Boulder Community Hospital	Boulder	(303) 415-7000
Lutheran Medical Center	Wheatridge	(303) 425-4500
St. Anthony Health Center	Evergreen	(720) 897-5609
St. Anthony's Clinic	Idaho Springs	(303) 649-3690
Centura Health Emergency & Urgent Care	Golden	(303) 925-4360
Porter Adventist Hospital	Denver	(303) 778-1955
Denver Health Medical Center	Denver	(303) 436-6000
Swedish Medical Center	Englewood	(303) 788-5000
St. Anthony Hospital	Lakewood	(720) 321-0000
Littleton Adventist Hospital	Littleton	(303) 730-8900
Sky Ridge Medical Center	Lone Tree	(720) 225-1000

COUNTY SHERIFFS

Always call 911 but here are the sheriffs' numbers for our front range counties

Boulder County	Continental divide east to Lyons, Ward, Nederland, and Boulder	(303) 441-4444
Gilpin County	East Portal, part of Golden Gate Canyon SP, and Rollinsville up to the continental divide	(303) 582-1060
Larimer County	Estes Park, RMNP and east side of continental divide	(970) 498-5100
Grand County	Continental divide west to Grand Lake, Granby, Winter Park	(970) 725-3343
Summit County	Breckenridge, Dillon, Frisco, Silverthorne	(970) 453-2232
Clear Creek County	Empire, Georgetown, Idaho Springs	(303) 679-2376
Park County	rk County Bailey, Jefferson, Kenosha Pass, part of the Lost Creek Wilderness	
Douglas County	Sedalia, Deckers, Roxborough SP, Rampart Range	
Jefferson County Pine, Conifer, El Rancho, Evergreen, Golden, part of the Lost Creek Wilderness		(303) 277-0211

Wooly Mammoth PnR to:	TH Destination and its exit	Comfort Stop name and Exit #	Address	Estimated time to get to stop	Operating Hours 2019	S	
	Exit 241 Or	Exit 241 Kum & Go, Idaho Springs (Mt Evans Rd), turn right at the top of the off ramp – it will be in front of you) OR Starbucks Idaho Springs Exit 240 visible from the exit, then afterward proceed thru town	1319 Miner St, Idaho Springs, CO 80452	29 minutes or 19.7 miles	24 hours	9	
Mt Evans Rd	Exit 240		Starbucks Idaho Springs Exit 240 visible from the exit, then Springs CO	27 minutes, 18.4 miles	4:30/5:00 am to 9:00/9:30 pm		
Guanella Pass Rd	Exit 228 then thru Georgetown	Exit 228 Georgetown Visitor Center ("Gateway" on Google maps) OR Exit 234 – Downieville Sinclair Gas and Convenience Store/Subway	Center ("Gateway" on Georgetown 46 minutes	46 minutes,	9:00 am to 5:00 or		
Silver Plume, Pavilion Point	Exit 226		CO 80444	31.5 miles	6:00 pm for the store /		
Bakerville Grays/Torreys Grizzly Gulch	Exit 221		Exit 234 – Downieville		36 minutes, 25.1 miles	bathrooms have 24 access 24 hours	
Loveland Pass	Exit 219		Dumont, CO 80436				
Herman / Wattrous Gulches	Exit 218						

Suggested Comfort Stops on I-70



The Fort to:	Time to get there from The Fort	Distance from The Fort	Address	Exit	Note
Conifer King Soopers	13 minutes	10.8 miles	25637 Conifer Road, Conifer, CO 80433	at Conifer Rd, turn left toward S Davis Ave	Starbucks and nice indoor bathrooms
Conifer Loaf 'N Jug	13 minutes	I I miles	26067 Conifer Road, Conifer, CO 80433	at Conifer Rd	open 24 hours
Conifer Bradley	15 minutes	12.9 miles	Bradley Petroleum, 10800 County Hwy 73, Conifer	at CO Hwy 73	open 24 hours
Bailey Loaf 'N Jug and Subway	27 minutes	23.6 miles	173 Bulldogger Rd, Bailey, CO 80421 (303) 838-0479	at signal	open 24 hours store is nice – very clean and well- serviced

SUGGESTED COMFORT STOPS ALONG HWY 285



Using:	То:	Address	Phone	Note
Hwy 93/multiple	Boulder OS	Many TH's have a facility, call	(303) 441-3440	Call
Golden Gate Canyon	Golden Gate State Park	Visitor Center 92 Crawford Gulch Rd, Golden, CO 80403 Many TH's have a facility	303-582-3707	5 am to 10 pm
Hwy 72	Nederland and the East Portal	Coal Creek Coffee 30509 Hwy 72 Golden, CO 80403 Many TH's have a facility	303-642-1900	Sunday 7 AM – 3 PM Mon – Fri 5:30 AM – 3 PM Saturday 7 AM – 3 PM
ĺ		Sinclair Gas 217 Boulder Canyon Nederland, CO 80466	303-258-3208	Daily 6 am – 10 pm
Hwy 72	Brainard Lake Area	Seasonal Facilities and changing hut at main parking lot	Boulder Ranger 303-541-2500	Seasonal, Call
Hwy 36	Lyons	Sandstone Park Visitor Center Lyons CO 80540 Intersection with 3rd Ave	303-823-6622 ext. 26	Open 24 hrs.
Hwy 36	Estes Park	Estes Park Visitors Center 500 Big Thompson Ave, Estes Park, CO 80517	970-577-9900	Daily 9-5 There also is a parking area
Hwy 36	RMNP Longs Peak TH	Longs Peak Ranger Station Estes Park, CO 80517	970-586-1455	M-F 8 am to 5 pm Closed Sunday
Hwy 36	RMNP TH's	Beaver Meadows Entrance Station 1000 US Hwy 36 Estes Park, CO 80517	970-586-1206	Daily 10:30 - 4:30

SUGGESTED
COMFORT
STOPS AND
MEETING
PLACES ON THE
WAY TO POINTS
NORTH OF
GOLDEN







THANK YOU!

• Questions?

 Contact the Denver Group Member Initiatives Committee at <u>cmcdgdmic@gmail.com</u>